

yourfitnesssg

WEEKLY SCHEDULE

MON

6:30AM

MEYER PARK
(45 MIN)

8:00AM

THE
SEAVIEW
CONDO

9:30AM

COSTA
RHU
CONDO

5:30PM

HAWAII
TOWER
CONDO

6:30PM

COSTA DEL
SOL
(60 MIN)

7:30PM

MEYER PARK

TUE

7:00AM

THE
WATERSIDE
CONDO

7:30AM

MEYER PARK
(60 MIN)

WED

6:30AM

MEYER PARK
(45 MIN)

9:30AM

COSTA
RHU
CONDO

THU

7:00AM

THE
MAKENA
CONDO

7:00AM

MEYER PARK

6:00PM

COSTA
DEL SOL
CONDO
(45 MIN)

FRI

7:00AM

THE
WATERSIDE
CONDO

7:30AM

THE
BAYSHORE
CONDO

7:30AM

MEYER PARK
(60 MIN)

SAT

8:15AM

MEYER PARK
(60 MIN)

9:15AM

MEYER PARK

10:30AM

THE
PEBBLE BAY
CONDO

**FITNESS
BOOTCAMP**
(45 MIN/60 MIN)

**AQUA
AEROBICS**
(45 MIN)

HIIT
(35 MIN)

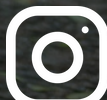
**ANIMAL
FLOW**
(60 MIN)

**KIDS
BOOTCAMP**
(45 MIN)

**BOXING
BOOTCAMP**
(60 MIN)



YOURFITNESSSINGAPORE



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